



Hebron Parks & Recreation

Burnt Hill Park

148 East Street, Hebron, CT 06248

Office Address

15 Gilead Street, Hebron, CT 06248

Mailing Address

Fall 2015

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Parks & Rec** on



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Discovery Zone Learning Center



Where all children are special and learning is fun!

Infant Program (6 weeks- 14 months)

Our primary objective in the Infant Room is to keep each child happy, secure, and safe. We know that by focusing on this, each parent will have the confidence of knowing that their child is in the right environment.

Toddler (14 months – 2.9 years)

At Discovery Zone Learning Center, our Toddler curriculum is based on current research in early brain development, early childhood education and developmental psychology. Through careful observation we can assure that individual developmental needs are being met.

Preschool (2.9 years – 5 years)

The Preschool/Kindergarten curriculum is divided into four areas:

**Language & Literacy Creative Expression
Science & Sensory Gross Motor Skills**

Before & After School

The after school program at Discovery Zone Learning Center is designed for children from grades K through fifth, and is fun, low-key, and neighborhood-like.

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Monday-Friday 7am-6pm • www.discoveryzone.info

How to reach us

Mailing Address:

Hebron Parks & Recreation
15 Gilead Street, Hebron, CT 06248

Office Address:

Burnt Hill Park
148 East Street, Hebron, CT 06248

Phone: 860-530-1281

Fax: 860-228-5912

Website: www.hebronct.com

Hours

Monday - Friday
8 am - 3:30 pm

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Parks & Recreation Commission

Co-Chairpersons **Claudia Naturski** and **Ken Jardin**

Allison Heneghan, Machel Gauthier, Charles Daniels,
Dan Grabowski, Todd Woods and Chris Cowles.

BOS Liaison **Brian O'Connell**



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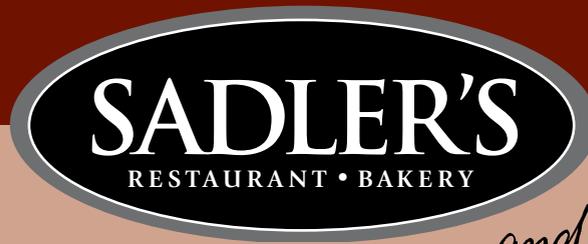


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Adult Programs

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Zumba is an exciting Latin inspired dance n' tone program that blends body sculpting techniques and specific Zumba moves. This challenging workout helps to build coordination. This class is designed to offer a safe, yet effective, total body workout. Instructor Brian Laroe. Wear comfortable clothing. All are welcome. (6 or 8 weeks)

Location: Gilead Hill School

Age	Day	Time	Date	Fee
Adult	TH	7:00-8:00P	9/3-10/22	\$40 (8 weeks)
Adult	TH	7:00-8:00P	10/29-12/10	\$30 (6 weeks)

PILATES

Join Tina Catanzaro in this dynamic mind/body class. The focus is on core strength and stabilization using the Joseph Pilates method. Please bring a mat, water bottle and towel. Wear comfortable clothing. All are welcome. (6 weeks)

Location: Gilead Hill School Activity Room or Music Room

Age	Day	Time	Date	Fee
Adult	W	6:30-7:15P	9/16-10/21	\$60
Adult	W	6:30-7:15P	10/28 - 12/16	\$60 *no class 11/25

YOGA

Join Tina Catanzaro, (AAFA, AAI certified Yoga Instructor) as she takes you through a journey of self-exploration. Each class will include breath work, postures, and meditation. Come increase your energy and flexibility while reducing stress. This class will allow you to honor your body, mind and spirit; explore your limits and maximize your potential. Please bring your own yoga mat, water bottle and towel. Wear comfortable clothing. All are welcome. (6 weeks)

Location: Gilead Hill School Activity Room or Music Room

Age	Day	Time	Date	Fee
Adult	M	6:30-7:30P	9/14-10/26	\$60 *no class 10/12
Adult	M	6:30-7:30P	11/2-12/7	\$60

CARDIO IN THE PARK

This interval training class combines a variety of cardio formats with total body sculpting routines with an emphasis on core training. The "core" is where all movement starts. A strong core helps with strength, balance and stability. This class will tone and build lean muscles as well as burn calories. The most important part of this class...have fun!! All fitness levels are welcome! Please bring a yoga mat and water. Instructor Donna Bellmore- B.S. in Human Development and Family Relations, AFAA Certified Group Fitness Instructor, PIYO Certified Instructor. (6 weeks)

Location: Burnt Hill Park

Age	Day	Time	Date	Fee
Adult	TBD	TBD	TBD	\$54 (drop in \$10 per class)

TAEKWONDO

Come join 5th degree black belt Scott Lesinski and learn the traditional martial art of Taekwondo. You will learn the basics for fitness, self-defense, and Olympic style sparring. A traditional uniform is included. Look below; unlimited classes are Saturday mornings and Monday through Thursday nights. Attend one or attend them all. (6 weeks)

Location: Tae San Taekwondo Academy
(behind Dunkin Donuts)

Age	Day	Date	Fee
Adult	M-SA	9/28-11/9	\$99

*Please contact 860-228-2918 for class times and schedules.

ADULT SEWING 101:

Learn the Basics of Sewing!

Join Instructor Ashley Parker the first Monday of every month to learn sewing basics and create various projects to take home and show off. Sewing machines are available – instructor will contact in regards to what supplies to bring to each class.

Location: Burnt Hill Park –
Parks and Recreation Department Office

Age	Day	Time	Date	Fee
Adult	M	6:00-8:00P	10/5	\$38
Adult	M	6:00-8:00P	11/2	\$38
Adult	M	6:00-8:00P	12/14	\$38

SOCIAL SECURITY WORKSHOP

When to collect Social Security may be the single most important decision you make when it comes to retirement. There are a number of common mistakes people make when signing up for benefits. This is a great opportunity to learn KEY CONCEPTS you need to know BEFORE applying for Social Security. Several little-known strategies may boost lifetime and increase retirement income by tens of thousands. Learn how social security benefits are calculated and the advanced planning required to increase them, why married couples can miss out on significant lifetime sums, and special strategies for married couples, divorced individuals and minor children.

Location: Gilead Hill School PREP Room

Age	Day	Time	Date	Fee
Adult	TH	6:30-8:30P	10/29	Free

COLLEGE PLANNING & FUNDING A-Z

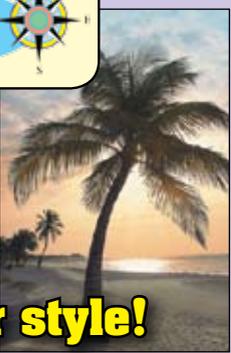
Planning for college can be difficult, confusing and costly. Don't go it alone. This is a great opportunity to learn how to make the right college choices to maximize your funding and financial aid results. Highlights will include SAT & ACT PREP Courses, College Profile Reports, Merit Based Scholarship Eligibility, FASFA & CSS Profile Form Completion and College Funding Analysis.

Location: Gilead Hill School PREP Room

Age	Day	Time	Date	Fee
Adult	TH	6:30-8:30P	11/12	Free

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Youth Programs

AFTER SCHOOL ART

Join Sue Hourihan for 8 – 12 weeks of creative exploration. Participants will have the opportunity to use a variety of materials and try many different media in a relaxed instructional setting. Painting, sculpting, drawing, crafting, and a season project will be presented throughout the session.



Location: Art Room at Gilead Hill School or Hebron Elementary School

Grade	Day	Time	Date	Fee
3-6	M	3:15-4:45P	9/14-12/7	\$123 (12 weeks)
*no class 10/12				
3-6	M	3:15-4:45P	1/11-3/28	\$87 (8 weeks)
*no class 1/18, 2/15 & 3/14				
1-2	TH	3:15-4:45	9/17-12/17	\$123 (12 weeks)
*no class 9/24 & 11/26				
(on 10/22 class will be held from 1:15- 2:45p.m.)				
1-2	TH	3:15-4:45P	1/14-3/3	\$87 (8 weeks)

FASHION ILLUSTRATION BASICS FOR TWEENS

Join instructor Ashley Parker as she teaches the basics of Fashion Illustration from creating Mood Boards with inspiration tears and swatches to Fashion Sketching basics, proportions, apparel designs and more. With her instructions and techniques – tweens will start to be able to create their very own fashion line! Space is limited.

Location: Gilead Hill School PREP Classroom

Ages	Day	Time	Date	Fee
8-12	M	6:00 -8:00P	10/8 & 10/15	\$54

MOM AND ME CUPCAKE DECORATING

This is an introduction to cake decorating workshop where parents and children will use buttercream frosting as they learn to frost and pipe designs utilizing pastry bags and Wilton tips. Embellishments to cupcakes will be created by rolling, blending, and cutting shapes out of fondant. Parents and children will use their new skills to create decadent, delicious cupcakes to admire and enjoy. Some materials will be provided while a list of bring home materials will handed out prior to workshop.

Location: Gilead Hill School PREP Classroom

Grade	Day	Time	Date	Fee
Adult & Child	W	6:00 -8:00P	10/21	\$44

TAEKWONDO

Come join 5th degree black belt Scott Lesinski to learn the traditional martial art of Taekwondo. You will learn the basics of fitness, self-defense, and Olympic style sparring. A traditional uniform is included. Look below unlimited classes are offered Saturday mornings and Monday through Thursday nights. Attend one or attend them all. (6 weeks)

Location: Tae San Taekwondo Academy (behind Dunkin Donuts)

Age	Day	Date	Fee
Child	M-SA	9/28 – 11/9	\$99

*Please contact 860-228-2918 for class times and schedules.

FUN TUESDAYS

Fun Tuesdays are hour long workshops where parents can help their toddlers explore different workshops that will engage their creativity. There will be lots of arts and crafts, messy art, games, story time and more. A great social experience for both you and your toddler!

All About Me

Dates: September 15th

Location: Gilead Hill School – PREP Classrooms

Time: 9:00am-10:00am

Fee: \$7.50

Pumpkins Pumpkins Everywhere

Dates: October 27th

Location: Gilead Hill School – PREP Classrooms

Time: 9:00am-10:00am

Fee: \$7.50

Penguin Plunge

Dates: December 8th

Location: Gilead Hill School – PREP Classrooms

Time: 9:00am-10:00am

Fee: \$7.50

Snow Fall & Snow Flakes

Dates: January 19th

Location: Gilead Hill School – PREP Classrooms

Time: 9:00am-10:00am

Fee: \$7.50

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VACATION CAMPS / AHM



Vacation Camps

SCHOOL VACATION DAY CAMPS

Pre – K thru 6th Grade

School vacation days and staff development day are open to all Hebron and non-Hebron residents Kindergarten through 6th grade. On the days that school is closed (for example staff development and vacation time) Hebron Parks and Recreation offers child care. Camp days include games, sports, art & crafts, cooking, and outdoor activities. Children are split up into rooms/groups depending on grade and block schedules are followed. Send your children in with 2 snacks and a lunch.

**Please note that additional fees may apply for trips.*



Staff Development Day Camp

Dates: 8/24, 8/25, 10/9, 10/13, 11/3, and 3/14
Location: Gilead Hill School (classrooms are across from the superintendent's office)
Time: 7:00am-6:00pm
Cost: \$43.00 per day

December Vacation Camp

Dates: 12/28, 12/29, 12/30 & 12/31
Location: Gilead Hill School (classrooms are across from the superintendent's office)
Time: 7:00am-6:00pm
Cost: \$43.00 per day

February Vacation Camp

Dates: 2/16 (no camp on 2/15 Presidents Day)
Location: Gilead Hill School (classrooms are across from the superintendent's office)
Time: 7:00am-6:00pm
Cost: \$43.00 per day

April Vacation Camp

Dates: 4/18, 4/19, 4/20, 4/21 & 4/22
Location: Gilead Hill School (classrooms are across from the superintendent's office)
Time: 7:00am-6:00pm
Cost: \$43.00 per day or \$210.00 for all 5 days

AHM TEEN CENTER

The AHM Teen Center will be open for the 2015 – 2016 school year. Join us after school in various events, activities, games, and more. Through the teen center, students will be able to spend time with their friends while completing community service projects, learning about outdoor adventure, and engaging in various trips and activities. To register please contact Hebron Parks and Recreation Department or AHM Youth Services. Students can either take the bus from RHAM Middle school or walk when given parent permission. Bus forms will be available to be kept in guidance.

Location: AHM Teen Center
Grades Day Time Dates Fee
7th -9th M & W 2:30-5:00P 9/21 – 6/6 \$35/school year

AHM TEEN CENTER BBQ KICK OFF

Join us on Wednesday, September 16th for our Teen Center BBQ kick off. Students will enjoy burgers, hot dogs, and snacks while playing some outdoor games and activities and having the opportunity to take a tour of the Teen Center.

AHM Teen Center - Upbeat Drum Circle

Date: 1st Monday of the month, starting October 5th
Grades: 7-9

Discover hand drumming on authentic African drums and experience music in drum circle steeped in tradition and cultural meaning. This interactive hands-on rhythm circle is guaranteed to energize you and will put a smile on your face for the rest of the day. Join us and make some music. No experience necessary! This program is part of the Teen Center but anyone can join in!

AHM Teen Center Trips

Airline Trail Bike Ride/Picnic at Salmon River
Date & Time: Saturday, October 3rd, 2015, 10:00 am – 3:00 pm
Cost: \$5.00

This bike ride will begin at the parking lot on Rt 85 in Amston. We will ride approximately seven miles to a location along the Salmon River where we will have a cookout and picnic. If the weather is good, there will be an opportunity for swimming/wading in the Salmon River or maybe fish for a trout or two. The Airline Trail is flat and relatively smooth. Parents are welcome to join in on this ride. Bring water, a towel and wear your bathing suit!

Lake Compounce Haunted Graveyard

Date & Time: Friday, October 30th, 2015, 2:30pm – 10:00pm
Cost: \$22.00

The AHM Teen Center will be having a trip to Lake Compounce for the Haunted Graveyard attraction. The Haunted Graveyard is a crowd favorite, combining the thrill of the Lake Compounce amusement park with all the spooks and scares of Halloween.

Nomad's Adventure Quest

Date & Time: Friday, November 13th, 2015, 2:30pm – 7:30pm
Cost: \$10.00

Enjoy 3 hours of unlimited laser tag, bowling, rock climbing, mini golf, and more.

Soarin' Indoors

Date & Time: Friday, January 15th, 2016 2:30pm – 6:00pm

Cost: \$10.00

Enjoy 2 hours of indoor climbing, ropes course, ziplines, and adventures.

Ice Fishing Trip - Coventry Lake

Date & Time: Saturday, January 30th, 2016, 8:00am – 12:00 noon

Cost: \$5.00

Join us on this winter outing and learn how to catch fish through the ice. You will be taught how to use a "tip up" to catch fish, learn about different kinds of bait, and pick up some good ideas on how to stay warm and enjoy this sport. We will even cook a full meal on the ice before we pack up for the day. Since this is a very weather dependent activity, there will be more detailed information provided as we get closer to the date of this trip. Hot chocolate, coffee and food will be provided.

Launch Trampoline Park

Date & Time: Friday, February 26th, 2016 2:30 – 6:30pm

Cost: \$20.00

Enjoy 2 hours of indoor trampoline fun.

YOUTH & TRAVEL BASKETBALL

Youth Recreational Basketball

Be a part of our popular basketball program for boys and girls in grades 1 - 12. Come develop and improve your basketball skills in our recreational youth league. ****Prior to attending tryouts you must be registered with Parks and Recreation****

Fees are as follows:

Grade 1 & 2 \$48.00 per child

Grade 3 & 4 \$72.00 per child

Grade 5 & 6 \$95.00 per child

Grade 7 & 8 \$117.00 per child

Grade 9 - 12 \$117.00 per child

YOUTH BASKETBALL PARTICIPANTS**

For Grades 1st-8th only:

REGISTRATION CLOSES FRIDAY, OCTOBER 23rd, 2015.

****NO LATE REGISTRATIONS WILL BE ACCEPTED ****

- 1st & 2nd grade basketball season will be 7 weeks long and there will be an on-site referee at the practices and scrimmages.
- 3rd through 6th grade recreational participants will be given a set time and date for evaluations and must be pre-registered. Please contact the Parks and Recreation office for date and time.
- 3rd & 4th grade basketball teams will be playing games on Saturdays and Sundays and may travel to near-by towns for some games.
- Evaluations and team selection for grades 3 & 4, and grades 5 & 6 will be in the beginning of November.
- High School Boys & Girls deadline for registration is the Monday after Thanksgiving November, 30th, 2015.

TRAVEL BASKETBALL

Travel Basketball Tryout Dates can be found on

www.hebronct.com.

****You must be registered prior to the tryout dates in order to be placed on a team****

Travel Team Fees 2015-2016:

Grade 5 & 6 \$200.00 per child

Grade 7 & 8 \$200.00 per child

Important Travel Basketball Information

- We will have a 7th & 8th Travel Team, however, if numbers are low we will combine to one 7/8 Travel Team
- Please Note that if your child makes a travel team that they will not be able to play recreational basketball as well.

Coaches Needed

The Hebron Parks and Recreation Department is looking for Recreational and Travel league coaches for the upcoming season. We are also looking for Gym Supervisors and Referees. Please contact the P&R Office if you are interested at (860)530-1281.

Basketball Meetings for Referees and Gym Supervisors

Referee meeting for high school students refereeing 3rd & 4th grade games will be held Monday, November 16th, at 6:00pm at Hebron Elementary gym.

Gym Supervisor meeting will be held Wednesday, November 18th at 6:00pm at Hebron Elementary School. Those interested in applying for a refereeing or gym supervisor position must submit an application to the Hebron Parks and Recreation Department.

Please check the Hebron Parks and Recreation website at www.hebronct.com for updates on schedules, evaluations and tryouts.

HOTSHOT CONTEST

Youth Basketball fans get ready for a little competition and fun. This contest challenges the speed, shooting and rebounding of boys and girls ages 9 to 14. Each player will have three one-minute rounds to shoot from "hotspots." Top scorers will move onto the next level of the contest. Call the Parks and Recreation Office to be added to the contact list.

Date: Wednesday February 24th, 2016

Location: HES Gym

Times: 5:00 pm-7:00pm

Fee: Free

KNIGHTS OF COLUMBUS

All boys and girls ages 10 to 14 are invited to participate in the local level of competition for the 2013 Knights of Columbus Free Throw Championship.

Date: Thursday, January 21st, 2016 Local Level

Location: HES Gym

Times: 5:00pm-7:00pm

Fee: Free

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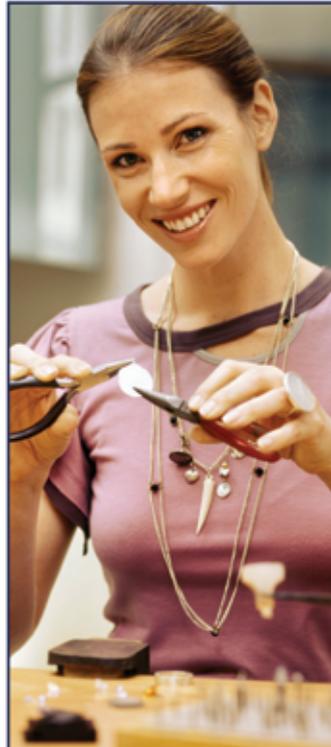


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CHILDREN'S PROGRAMS

Fall Storytimes

Begins the week of September 15th, 16th and 17th. Tuesday 10 AM for 2 and 3 year olds, Wednesday 1 PM Open class for 0-5 year olds, Thursday 10AM for Baby and Me Lap/sit program 0-2 years old. Each of the three sessions will run 6 weeks long and will have a 2 week break and then starting up again for another six weeks session. Storytime will include stories, songs, finger plays, and a craft that is age appropriate. Parents are encouraged to participate. Baby & Me classes feature music and very simple crafts or coloring activity. The storytime sessions will culminate in the Storytime Group Holiday Party! Parents and guardians must register at the library. Registration will be announced at a later date.

YOUNG ADULT PROGRAMS

Haunted Library Event

Wednesday, October 28 at 4:30pm: (details to come)

Monster Movie Makeup

through Zoodle entertainment and/or a PG-13 scary movie night with flashlights (Time TBA)

Murder Mystery Game

throughout the month with clues throughout the library (details to come)

ADULT PROGRAMS

Fall Friday Foreign Film Series

Starting Friday, September 18th the Douglas Library will be showing a variety of Foreign Films from around the world. Many of the selections are award winning movies. These movies range from PG to R rating, so they may not be suitable for children. During the movies coffee and tea will be provided with the option of popcorn if attendees are interested. Movies will be shown for six consecutive weeks. **All movies begin at 1pm. Free, no registration required.**

Location: Douglas Library Community Room

Monday Night Knitting Group

Join our knitting group every Monday night from 6 to 7:45 to work on knitting in a congenial atmosphere. Any level of knitter is welcome. During the colder months, the group is working or knitting for area residents in need. Bring your own projects, or just get inspiration or pointers from the other knitters. **Drop-In, No registration required.**

Location: Douglas Library Board Room (Lower Level)

MULTIPLE AGES

Intro to 3D Printer Classes ~ Dates TBA

The Douglas Library will be holding monthly Introductory 3D Printer classes. These classes will teach basic terminology and how to use the 3D printer.

Homebound Program

Did you know the Douglas Library had a Homebound Delivery Program? To qualify for this free service, the homebound patron must live in either Hebron or Amston. To be eligible to receive items for home delivery, the patron must be the following;

1) Confined to their home due to prolonged illness, extended convalescences, or advanced age and have no household member available to get to the library for items.

2) Have a temporary or permanent physical or mental disability that prevents them from coming into the library.

Call the library to see if Homebound Delivery is an option for you!

Volunteer Opportunities

The library has various volunteer opportunities. Currently, we offer both inside and outside volunteer hours as we have recently been working on a community garden project. We are also interested in creating a Teen Advisory Board. This teen volunteer group would help the library with program planning, collection guidance and space planning for our Young Adults. Any of these volunteer hours can be set up by visiting the library and filling out our volunteer form.

DOUGLAS LIBRARY GENERAL INFORMATION

Telephone: (860) 228-9312

To register:

- for Adult programs call (860) 228-9312 x23
- for Children's programs call (860) 228-9312 x24

Website: www.douglaslibrary.org

Email Questions: info@douglaslibrary.org

Catalog: <http://douglas.biblio.org/eg/opac/home>

Use the catalog to look up our collection and place holds on items.

Find Douglas Library of Hebron on:

Facebook/Pinterest/Twitter/Tumblr

Hours

Monday & Wednesday 12-8

Tuesday & Thursday 10-8

Friday 12-6

Saturday 10-3

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Community Events

SOCCER SHOOTOUT

The Knights of Columbus in collaboration with Parks & Recreation is offering a competition designed for players to demonstrate the most basic soccer skill – the penalty kick. Open to boys and girls in Hebron, ages 10 – 14 years old, where each player will be allowed 15 shots at the goal from the penalty line (12 yards from the goal). Winners progress to the district, regional, state and international levels.



Date: Saturday, September 19th, 2015 (rain date of Sunday, September 20th)
Location: Burnt Hill Soccer Field
Times: 10:00am-3:00pm
Fee: Free

BURNT HILL PARK CROSS COUNTRY RACE 3 MILE & 1.5 MILE

The Hebron Parks and Recreation Department will be hosting their 5th Annual Family Cross Country Run at Burnt Hill Park. The race course will take you along the trails throughout the park, around multipurpose fields, through the trails, and by the pavilion. Registration will begin at 9:00am outside the Parks and Recreation department office. If you would like to participate in both races there is no additional fee however you will only be able to receive one award. T-Shirts will be handed out to all racers.

Categories include:

1.5 Youth Race	3 Mile Race
Top Male & Female Runners:	Top Male & Female Runners:
5-7 Male & Female	12 & Under, Male & Female
8-9 Male & Female	13- 17, Male & Female
10-12 Male & Female	18-29, Male & Female
	30-39, Male & Female
	40-49, Male & Female
	50-59, Male & Female
	60 & Over, Male & Female

Date: Saturday, October 10th, 2015
Location: Burnt Hill Park
Time: 3 mile race starts at 10:00am
 Awards Ceremony will approx. start at 10:15am
 1.5 mile race starts at 11:00am
 Awards Ceremony will approx. start at 12:00pm
Fee: \$8.00

HEBRON'S HALLOWEEN HAPPENINGS

Trunk or Treat

Calling all Hebron residents, businesses and community groups! The Hebron Parks and Recreation Department is looking for individuals and groups to participate in the 4th annual Trunk or Treat event. Trunk or Treat is a spook-tacular Halloween event that provides a safe and fun way to celebrate Halloween with the whole family. Children will enjoy going from trunk to trunk to receive pre-packaged candy from costumed car owners. All cars are welcome. The spooky evening event includes trick-or-treating, entertainment and much more!



Date: Saturday, October 24th with a rain date of Sunday, October 25th, 2015
Location: Hebron Lions fair Grounds, Route 85 (in the parking lot)
Time: 5:30pm-7pm
Cost: Free to all

Haunted Happenings

Come check out Halloween Happenings at the Hebron Lions Fairground, in collaboration with RHAM Middle School Drama Department. Haunted Happenings will have scares, laughs, and mores. Participants will be able to play Halloween games, walk through the Trail of Terror, hop on a hay ride for Halloween family fun, and remember the night by taking photos in our photo booth! The entrance will be through Gate 4 at the Fairgrounds. Don't forget to wear your favorite Halloween attire. If you are interested in volunteering for the event, feel free to contact the Parks and Recreation department.

Please note that the last hayride/walk through is at 8:45pm

Date: Saturday, October 24th with a rain date of Sunday, October 25th, 2015
Location: Hebron Lions Fairgrounds, Rt. 85
Time: 6:30pm – 9:00pm
Cost: Free to all



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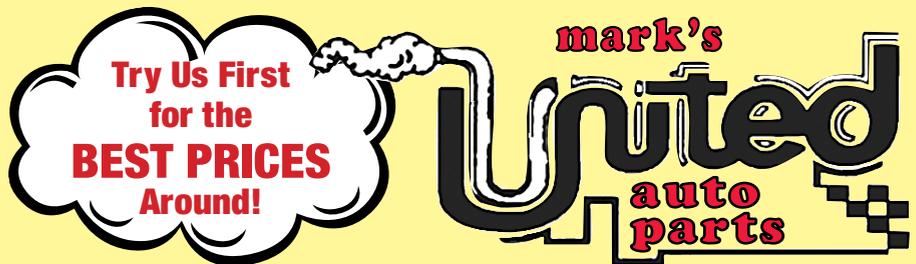
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13TH ANNUAL AIRLINE TRAIL GHOST RUN

The Parks & Recreation Departments of Hebron, Colchester, East Hampton and Marlborough are collaborating along with the State of CT Department of Energy and Environmental Protection to host our 13th Annual Ghost Run. Total distance of the race is 13.1 miles. The first 375 registered runners will receive a long sleeved t-shirt. If interested in volunteering for this event or if you need more information, feel free to contact any of the Parks & Rec offices; Hebron 860-530-1281, Colchester 860-537-7297 and East Hampton 860-267-7300.



Please mail registrations to Hebron Parks & Recreation, 15 Gilead Street, Hebron, CT 06248. Make check payable to "Town of Hebron"

Date: Saturday, November 7th, 2015
Location: Starts at Hebron Elementary School & Ends at Center Elementary School in East Hampton.
Time: 9:00 am (rain or shine)
Cost: Individual: \$32.00 (after October 21, \$37.00)
 Relay Teams: \$54.00 (after October 21, \$59.00)

HOLIDAY EXTRAVAGANZA

Join Hebron Parks & Recreation and the Hebron Fire Department in celebrating the holidays of the season! Children will have the opportunity to make ornaments and arts and crafts for Christmas, Kwanzaa and Hanukah along with decorating Christmas cookies. Santa Claus will be making a visit from the North Pole so don't forget your cameras!



Date: Friday, December 11, 2015
Location: GHS Activity Room
Time: 6:30pm-8:30pm
Fee: Free

SNOW SCULPTURE CONTEST

The 2016 snow sculpture contest celebrates the spirit of winter and creative outdoor activities. So bundle up and create an entry for the snow sculpture contest this winter. Use your imagination and create a unique snow sculpture (for example: snow castles or snowmen). The contest will be ongoing from the first snow after January 1st through March 4th, 2016. The top winner from each category will receive a gift certificate to use towards a Parks & Recreation Program.



How to Enter:

Send or bring a picture of your snow sculpture to the Hebron Parks and Recreation Department by March 7th. Pictures will not be returned. Include your name, address and a brief description of your snow sculpture and indicate the age group of the sculpture's designer.

Age Groups:

1. Child K-3rd Grades
2. Child 4-8 Grades
3. Family Sculpture
4. Adult Only
5. Business

HEBRON'S GOT TALENT

Dancers, musicians, vocalists, comedians, performers of all kinds! Now accepting applications for local talent. Application can be picked up at Ted's IGA Supermarket, Hebron Parks & Recreation and AHM Youth and Family Services. All Applications are due by December 18th. All proceeds to benefit the Children's Scholarship programs of AHM Youth and Family Services and Hebron Parks & Recreation. For more information please contact Gilead Congregational Church at 860-228-3077.

Date: Friday, February 19th, 2016 (snow dates 2/26)
Location: RHAM High School Auditorium
Time: 6:30 pm
Fee: Free to all (donations accepted)



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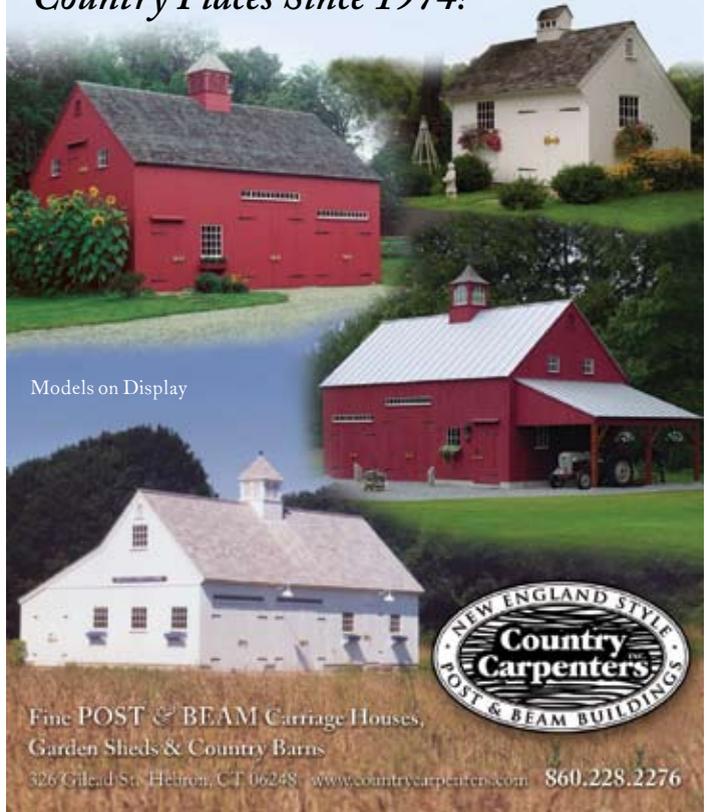
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PARKS INFORMATION

PARKS INFORMATION

(All park are open sunrise to sunset)

TOWN PARKS

Burnt Hill Park

Located on 148 East Street, Burnt Hill Park has two baseball fields, three multipurpose fields and nature walking trails. A pavilion at the park is available for rental.

Hebron Veteran's Memorial Park

Located on Route 316 (across from the RHAM High School tennis courts), offering a baseball field, softball field, soccer field, playscape, basketball court, and skateboard area.

Old Colchester Park

Located on Old Colchester Road featuring a multi-purpose field for sports.

Hebron Elementary School

Located on Church Street has a playscape and multi-purpose fields for sports.

Gilead Hill School

Located on Gilead Street has a playscape and athletic fields for sports.

Airline Trail

An asset in our midst! Built in the 1870's the Air Line Railroad ran diagonally across Connecticut through East Hampton center, just south of Marlborough (through northern most Colchester, and continuing through southern Hebron/Amston). The trail is now a recreational haven for hiking, horseback riding, mountain biking, running, etc. (Non-motorized pursuits only). The Trail can be accessed at Grayville Park, or off Route 85, near Route 85 Lumber. Take a morning or early evening stroll, or bring the kids with their bikes! For inspiration, visit Photographer Stan Malcolm's website, which hosts scores of beautiful pictures from the Trail: www.performance-vision.com/airline.

Notice to Dog Owners

State statute states dogs must be under the direct control of its owner at all times, including town parks. Many children playing at our parks may be frightened of a loose dog. Help keep our parks clean.

STATE PARKS

Grayville Falls

Located off Grayville Road is great for picnics, hiking, etc.

Gay City State park

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REGISTRATION INFORMATION

REGISTRATION INFORMATION

Nothing spoils a good program faster than everyone waiting until the last minute to register. Registrations cannot be processed without full payment. Hebron Parks & Recreation reserves the right to set minimums and maximums for all programs and trips and to cancel any program or trip due to insufficient enrollment, as well as, change the date, time for location for any program because of unforeseen circumstances.



Registrations are accepted:

- In person:** The Parks & Recreation Office is located at Burnt Hill Park, 148 East Street Hebron, CT 06248.
- By mail:** Complete your registration form and return it with full payment to: Hebron Parks & Recreation, 15 Gilead Street, Hebron, CT 06248
- By phone:** With payment made in full using a MasterCard, Visa or Discover. Please call 530-1281. (American Express is not accepted)

SCHOLARSHIP PROGRAM

Any Hebron resident may apply for a scholarship for a recreation program due to financial need. Requests must be made in writing on an official application form, available in the Parks & Recreation Office. All requests are confidential and will be evaluated based on financial or personal hardship.

REFUND PROGRAMS:

- Refunds are issued only in the following circumstances:
- If a program is cancelled by the Parks & Recreation Department.
- On request for a medical reason and with written notification from a doctor.
- If a program participant's spot can be replaced with someone from a waiting list.
- There are no refunds once a class has begun.
- All program cancellations and changes are subject to a \$15.00 fee.
- There is a \$20.00 fee for returned checks.

WEATHER RELATED CANCELLATIONS

When schools are cancelled due to inclement weather, all Hebron Parks & Recreation programs are cancelled.

Stay tuned to these television stations for updated cancellation information or check on line.

Television: NBC30 www.nbcconnecticut.com
WFSB www.wfsb.com



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Mailing Address **Office Address**
 15 Gilead Street Burnt Hill park
 Hebron, CT 06248 148 East Street
 860-530-1281 Hebron, CT 06248

REFUNDS: All programs are self supporting and a commitment needs to be made to instructors and staff. Therefore, refunds are issued only in the following circumstances:

- If a program is cancelled by the Parks & Recreation Department.
- On request for a medical reason and with written notification from a doctor.
- If a program participant's spot can be replaced with someone from a waiting list.
- There are no refunds once a class has begun.
- All program cancellations and changes are subject to a \$15.00 fee.

PROGRAM REGISTRATION FORM	SESSION/DATES	FEE

NAME OF PARTICIPANT _____ M/F _____ DOB _____ AGE _____ GRADE _____

Medical Concerns – Please list _____

PARENT/GUARDIAN _____ HOME PHONE _____ PHONE CONTACT #2 _____ PHONE CONTACT #3 _____

STREET _____ TOWN _____ ZIP _____

EMAIL ADDRESS (Optional) Information is only used for Parks & Recreation purposes. _____

I hereby give approval for myself/my child to participate in the above listed Hebron Parks & Recreation Department Program. I agree to assume all risks and hazards incidental to the program(s), including transportation to and from the site of said program. I hereby waive, absolve, indemnify and agree to hold harmless the Town of Hebron, the department, the commission, supervisors, instructors and participants from claims arising out of injury to myself/my child. Any injuries will have to be covered by the individual's insurance.

PHOTO POLICY: By registering for a program, you give us permission to take and publish photos of you participating, along with a photo identification. If you do not wish to be photographed, you must include this request in writing along with your registration.

Registrations for programs will be accepted on a first come, first served basis. Class confirmation is up to the registrant. Please call the office if you have any questions.

PARENT/PARTICIPANT SIGNATURE _____ Date _____

Total Fee: _____ Date Pd: _____ Cash/MC/Visa/Check _____ Rec'd by: _____

Please make checks payable to the Town of Hebron, 15 Gilead Street, Hebron, CT 06248.

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